

**Heather J. Johnson M.A, L.M.F.T**  
**Aspire, Inc.**  
**677 Woodland Square Loop**  
**SE Lacey, WA 98503**  
**LF60032040**

**Authorization of Release of Information**

I \_\_\_\_\_, understand that I may authorize Heather J. Johnson M.A, L.M.F.T to disclose my private health care information to a third party. I hereby authorize Heather J. Johnson to disclose my private health information as specified below.

The nature of the information to be disclosed is:

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The information to be disclosed specifically does include (check all that apply):

- psychotherapy notes
- information related to substance abuse assessment and treatment

The information specified above will be disclosed to:

Name \_\_\_\_\_

Institutional/Agency Affiliation \_\_\_\_\_

This authorization of disclosure will expire on \_\_\_\_\_  
(date or event)

I understand that if the disclosure is being made to a financial institution or to my employer for purposes other than payment, Washington State law requires this authorization to expire no later than one year after signing.

I understand that except as provided by applicable law, my signing of this authorization is not a waiver of any rights I have under other statutes, the rules of evidence, or common law, and that I have the right to revoke this authorization at any time.

I understand that Heather J. Johnson will retain the original or a copy of this authorization.

By signing this document, I am attesting that I have received, read, and fully understand and consent to the disclosures, terms, and conditions above.

\_\_\_\_\_  
Client signature

\_\_\_\_\_  
Date

\_\_\_\_\_  
Print Client Name